

# Sewing: Dressmaking And Machine Skills F

Whether you would like to learn new creative skills or to investigate the possibility of a new textile-based career, MAE Community Learning courses can provide you with a stepping stone to progress.

For beginners or those wishing to feel a little more confident about their dressmaking and sewing machine skills. Join us for this relaxed class where you will learn how to use various functions of the sewing machine. During the course we will complete sewing projects whilst improving basic sewing machine skills. The aim is for you to become more confident with the use of the sewing machine. There will be the chance to learn how to read a pattern properly and to learn basic pattern making rules and progress with skills learnt during term 2. Join us in our fabulous sewing studio for this friendly, relaxed class where we will cover various functions of the sewing machine and learn some techniques along the way for a faster, more professional finish.

Start Date: 04 June 2025  
Start Time: 14:00  
Lessons: 7  
Weeks: 7  
Hours: 17.50

Please do not buy tools and equipment until you know that the course will run.

## Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

## What will I learn on this course?

Learners will:

1. Be able to demonstrate how to change from a standard foot on a sewing machine to a zipper foot
2. Be able to demonstrate how to correctly insert a zip.
3. Be able to demonstrate how to alter a commercial pattern to adjust to personal size.

## Is this course suitable for me?

Suitable for complete beginners or those who have rusty skills and need a refresher course.

## Is there anything I need to know about the course?

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook or folder, small scissors or snips, some sewing threads etc.

You WILL need some scraps of fabric to practice techniques on, and it is always a good idea to have an old (CLEAN) sheet or duvet cover to use as practice fabric.

## Will there be additional costs?

You will need to buy some fabric and a pattern – but please wait until after the first week of the course so that we can discuss what you need.

## What could I go on to do after this course?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent college and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide - range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester centre and again on Moodle. Your tutor will be able to talk through with you individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

## Attendance Policy

#### Multiple sessions-

In order to get the most out of your course you will need to attend as many sessions as possible. We recommend at least 85%. If you do have a holiday booked during term time please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

#### **How are digital skills used and enhanced on this course**

Information technology may be used to introduce skills, techniques, and the work of other artists along with safe internet usage. Whilst you do not need any IT skills to enrol on this course, please do speak to the tutor if this is an area you would like to explore.

#### **Health and Safety**

##### Health and Safety Disclaimer

By participating in the live class you accept that you understand that dressmaking and sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a practical activity and you will need to be suitably dressed, you will need to be mindful of the correct Health & Safety processes when working in the sewing studio. MAE is not responsible for damage to items in your house / home or person.

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